

Lichtenstein Entryway Dedicated at Nursing Home

By June Pichel Cook

GREENSBORO — The Greensboro Nursing Home (GNH) dedicated its newly renovated entryway in honor of Dr. Mark Lichtenstein on Friday evening.

Over a hundred guests attended ribbon-cutting ceremonies to honor the primary-care physician, best loved by many and known for his compassion, gentleness, care, and wisdom.

GNH Board of Trustees Chair-Brigette Collier said Dr. Lichtenstein was the medical director of the nursing home for many years and loved by all.

After graduating from medical school and spending three years in Family Practice Residency at Dowsett Hospital in Buffalo, New York, Dr. Lichtenstein moved to Greensboro and joined Northern Virginia Health Care.

Dr. Lichtenstein became a resident at his thirty-five year-old, also a clinical assistant professor in the Department of Family Practice at the University of Vermont (UVM). As a UVM Medical Student Preceptor, medical students could come and work with him at the Vermont Institute of Family Physicians Board, Well Child Clinic Services, Child Protection Team, Family Hospital Medical Staff, and South Hospital Ethics Committee.

He was Capley Hospital's Medical Director from 2003-2007. He completed his undergraduate work at George Washington University in Washington, D.C., and graduated from the Thomas Jefferson University Medical School in Philadelphia. He was honored with the Arthur Kirby Memorial Prize in Family Medicine.

Inise Lichtenstein, his son and a second-year medical student, spoke up on his father's behalf. He noted that his father didn't always stand by people who were making mistakes but his father did stand by people who were making a good job doing what needed to be done.

His father became geriatric-certified because of his experience at the nursing home. Inse Lichten-

stein said. As a physician, people credited Dr. Lichtenstein with always trying to see "the world through the eyes of his patients, doing his best to collaborate with them on a search for their optimal state of health."

Current Medical Director at GNH, Dr. Sarah Morgan, regards Dr. Lichtenstein as an inspiration and mentor. She noted the caring interest he took in the lives of his patients, addressing not only their medical needs, but understanding them and their families.

When approached about serving as the Medical Director at GNH, Dr. Morgan said, "I felt these were times too big to lose. I am really pleased we renovated this space and present it in honor of Dr. Lichtenstein."

"I've been working with Mark for over a decade, having come out of residency thirteen years ago. He is my good friend and mentor," Dr. Morgan said.

Board Vice President Norma Wiesen gave poignant insights. "It's not just when her mother became a resident at the nursing home, but Lichtenstein's compassion for others, his wisdom, and wisdom were immeasurable. No child wants anything less than the best possible care for a parent, Wisconsin state, and Dr. Lichtenstein came close to that as humanly possible, but it isn't sure where he found 40 hours in a day when there are only 24 hours. I know from living in a small town, my story is repeated and repeated and give voice to all those who had those same experiences."

Dr. Lichtenstein's interests were eclectic, including world travel, music, and reading science fiction books. He also volunteered his medical services in Nepal. His wife Cynthia and he have traveled throughout the world. Last year, they spent two months in South Africa volunteering at animal sanctuaries.

In reflecting on the ribbon-cutting, she said, "It is wonderful honoring a man who has followed his passion for many years in serving his community."

Board chair Bridget Clough explained that generous donations had funded the entire renovation of the entryway and porch. They rededicated the entryway with wide steps, a ramp, and a handsome pergola. The enclosed sunny porch of 200 sq. ft. will be a meeting room, gathering place for family visits, and relaxation center for residents.

with him from Michigan. The museum often takes in injured birds that have been rehabilitated at places such as the Vermont Institute of Natural Science. They will house them if they are unlikely to survive in the wild.

Clough, assistant director of the museum in West Hartford, Vermont, talked with approximately forty-five adults from Hartford about the birds. He carried them around the room for a close-up look at the birds. He said the talons of the birds separate them from birds of prey. They use talons for capture, instead of their beaks.

Clough has been with the museum for nine years. The museum is located on the birds he brought with him are all native to Vermont and the birds he brought with him. He brought that raptor



Recent heavy rains have swollen the Lamoille River. This photo was taken in downtown Hardwick, next to the sausage bridge.

The Angry River

Recent heavy rains have swollen the Lamoille River. This photo was taken in downtown Hardwick, next to the sausage bridge.

Unique Workshop Gives New Meaning To Finding Something Good To Eat'

By Michael Bielawski

HARDWICK — When hungry, a quick trip to the grocery store will suffice for most people. The more adventurous, with the right knowledge, can step out into nature to collect wild plants for a tasty and healthy meal.

Last Saturday at Atkins Field, the Center for an Agricultural Economy and the Hardwick Area Food Forest hosted their most recent "Grow Your Own" workshop. The topic was wild edibles. Around 30 people attended.

"I think it's really fun. You look at people around you and see that so many plants look edible. I brought resident Lacey Ayers. She ran the event along with Erin Rosenhall.

Some tips for beginners include keep it simple to start and stick with easy-to-identify plants. Some of the most common edibles in this area include dandelions, ramps, and hardwick rye grass.

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Greensboro: is Zoning Process "Factoring the Community"?

By Doug McClure

GREENSBORO — The Greensboro Development Review Board (DRB) is reviewing whether Miami Beach-Schlier's museum in the Old Firehouse qualifies as "public use."

The zoning Board told her in writing that it did when she purchased the building in April of 2016. Now, a new Zoning Director has changed that position.

For Ranz-Schlier, changing the designation of the structure from "public" to "commercial" will have major implications in terms of tax.

For Greensboro, any decision the DRB makes might have larger implications. People at the meeting questioned whether a town of 170 needs zoning at all, much less zoning they felt was so arbitrarily imposed.

The building at the center of the controversy was originally constructed around 1800 as the South School. It was the largest building that had been acquired in 1912 and occupied the structure until 1914. The building is small and narrow with white trim, white clapboard and a running curve roof that has been better preserved.

Ranz-Schlier's vision for the edifice is both simple and visionary for a town of the size of Greensboro. As she pointed out at the meeting, the plan is full of experience with other cultures and places large and small. Greensboro is not very different from other places. It is not just what we eat, but also where we find it that matters.

"When everybody started talking about the firehouse just turning into a garage or a storage shed... that's one of the few things that was different from the town of Greensboro." she said in an effort to connect to the town of Greensboro who have the most accounts, the gallery received their first three years of operation.

The DRB responded with a rebuttal that the firehouse is also a reflection of herself as "everything you see in the town."

"I just want to Haiti and took a whole bunch of photos and film and I started talking about it [around town]. Now I know twenty people in the town of Greensboro who have that sort of connection to Haiti and I love to do an exhibit on it," she said.

She said the Old Firehouse is also a reflection of herself as "everything you see in the town."

Raptors Visit Willey Building

by Will Walters
CABOT — The Cabot library sponsored an event Thursday night featuring a presentation on raptors.

Clough, assistant director of the museum in West Hartford, Vermont, talked with approximately forty-five adults from Hartford about the birds. He carried them around the room for a close-up look at the birds. He said the talons of the birds separate them from birds of prey. They use talons for capture, instead of their beaks.

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128 28 01

photo by Vanessa Fournier
Marta Schellert, left, Heidi Lunden, center, and Dana Prescott, right, perform. The Cab Co. as part of the Greensboro Arts Alliance & Residency 'The Mirror' held at the Hardwick Town House June 30, July 2 and 3.

Texting While Driving Penalties Increase July 1

by Michael Bielawski

HARDWICK — The penalty for driving from the road to check a text from a friend has increased, providing an even greater incentive for drivers to keep their phones out of their hands.

"It's already against the law to use your cellphone while driving, but the penalty is going to get worse," reads a press release from state police.

"Many drivers aren't getting the message. We're hoping that adding points and making it a true moving violation will get drivers to put their phones down," said Lt. John Piantoni.

use while driving. "I know it is a prevalent issue in this area, as well as among the state," he said. "We've written multiple tickets for that."

He said it is not just texting that constitutes a violation, among any kind of contact with the phone while driving is against the law.

"Any reason to touch your phone talking on your phone, holding your phone, it's considered a handheld mobile device on that's how the law is created under the law."

However, using a hands-free version of Bluetooth headset is not prohibited, as long as the call is being used using voice commands, or while the car is in motion.

The National Safety Council reports that drivers who use their cell phone contribute to 1.6 million crashes each year.

According to a 2015 Huffington Post report, 65 percent of all cell accidents are cellphone use related. According to the same report, a third of all drivers surveyed admitted to reading a text while driving within the prior month, and young adults ages 21 to 24 were the group most likely group to be

Old Firehouse and Bookbox

Ranz-Schlier has a vision for the Old Firehouse as a cultural center.

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